

GOKULA KRISHNA COLLEGE OF PHARMACY

HEI CODE: C-26844

NAAC DVV

CYCLE I



5 : STUDENT SUPPORT & PROGRESSION

5.1 Student Support

5.1.2 Capacity Development & Skills Enhancement Activities Organized during Assessment Period

5.1.2.(3) Organized Life Skills Programs during the Assessment Period



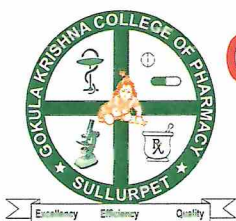
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Sri Krishna Educational Society's

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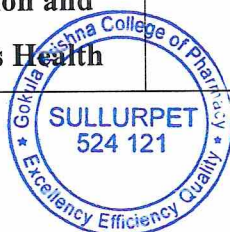
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Web: www.gkcp.edu.in

LIFE SKILL PROGRAMS ORGANIZED DURING THE ASSESSMENT PERIOD

(2018-19 to 2022-23)

S.No	Academic Year	Name of the Capacity Development and Skills Enhancement Program	Date	Number of Students Enrolled	Name of the Agencies / Consultant / Resource Person with Contact Details
1	2022-23	The Life skill Awareness program on Cancer Facts & Myths	18-03-2023	40	<u>Resource Person: 1</u> Dr. G. Lakshmi Narayana, Head and Neck Cancer Surgeon, Madras Cancer Care Foundation, Chennai. Contact : 9951850662 <u>Resource person 2:</u> Dr. Kapil Raj Subramanian Surgical Oncologist, Madras Cancer Care Foundation, Chennai. Contact : 9951850662
2	2021-22	The Life skill Awareness program on Basic First Aid Training	12-04-2022	40	Dr. Shaik Saddam Hussain, Pharma D, Asst. Professor, Narayana college of Pharmacy Contact: 9966292910
3	2020-21	The Life skill Awareness program on Meditation and Women's Health	07-12-2020	35	K. Vijayalakshmi Preceptor, Heartfulness Institute Contact: 6281246575




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4	2019-20	The Life skill Awareness program on Yoga and its Importance	04-07-2019	34	M. Chandrahas Center coordinator, Heartfulness Institute, Contact: 9441857243
5	2018-19	The Life skill Awareness program on Iron Deficiency in Women: Assessment, Causes and Consequences	06-11-2018	32	Dr. Shaik saddam Hussain, PharmD, Asst. Professor, Narayana college of Pharmacy Contact: 9966292910




PRINCIPAL
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10-03-2023

CIRCULAR

All the B.Pharmacy students are hereby informing that the Life skill Awareness program on “Cancer Facts & Myths” which will be held on 18th of March 2023. Hence, all the students are instructed to attend the session without fail by registering their names with coordinator on or before 15th of March 2023.

Coordinator: Miss A.R. Sridevi, Assoc. Professor, Dept of Pharmacology.

PRINCIPAL

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Copy to

1. Coordinator - IQAC
2. HOD's / All teaching faculty
3. Coordinator - Life Skill
4. Circulation to Students
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7. Office file



[Handwritten signatures in blue ink]

P. Divya Ravi



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A.Y: 2022-23

LIST OF ENROLLED STUDENTS

Program Name : The Life skill Awareness program on “Cancer Facts & Myths”

Date : 18-03-2023

S.No	HT.No	Name of the Student	Year & Sem
1	19Z71R0004	AYESHA SIDDIQUA SYED	IV / II
2	19Z71R0005	BHANU PRAKASH VELAGAMBETI	IV / II
3	19Z71R0007	BHAVANI.P	IV / II
4	19Z71R0008	BHUVANESWARI RAYAPU	IV / II
5	19Z71R0010	DAKSHAYANI NAGALAPURAM	IV / II
6	19Z71R0019	GAYATHRI KALISSETTY	IV / II
7	19Z71R0020	GNANAPRASUNA NAGAMALLI	IV / II
8	19Z71R0022	GUNASRI YEDURURI	IV / II
9	19Z71R0031	KARISHMA PASALA	IV / II
10	19Z71R0033	KEERTHI UYYALA	IV / II
11	19Z71R0034	KOTAMMA EGA	IV / II
12	19Z71R0039	MALIHA THABASUM SHAIK	IV / II
13	19Z71R0041	MEERJAMMA PATAN	IV / II
14	19Z71R0042	MOHAN MOULI MAILAPURI	IV / II
15	19Z71R0043	MOHAN KRISHNA PAKALA	IV / II
16	19Z71R0045	MUNIPRATHAP GUNAPATI	IV / II
17	19Z71R0046	NEELIMA BANDILI	IV / II
18	19Z71R0047	PAVAN KUMAR CHENNAPPAGARI	IV / II





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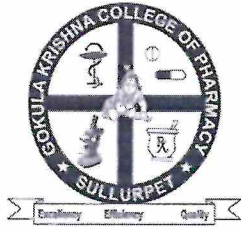
website: www.gkcp.edu.in

19	19Z71R0048	PAVAN MUMMADI	IV / II
20	19Z71R0049	PAVANI CHITTIBOYINA	IV / II
21	19Z71R0050	PAVANI KOPPALA	IV / II
22	19Z71R0055	RAJESH KANCHI	IV / II
23	19Z71R0057	RESHMA SHAIK	IV / II
24	19Z71R0059	SAMANVI AVALA	IV / II
25	19Z71R0060	SANDHYA CHEVURU	IV / II
26	19Z71R0061	SANJAY R	IV / II
27	19Z71R0062	SARASWATHI KALLIVETTU	IV / II
28	19Z71R0064	SATHWIKA PERNATI	IV / II
29	19Z71R0065	SEKHAR KOGILI	IV / II
30	19Z71R0066	SHALINI PATTUKOTA	IV / II
31	20Z71R0032	HEMASRI MARUBOINA	III / II
32	20Z71R0033	HEMAVATHY R	III / II
33	20Z71R0035	JAHNAVI NAGARAM	III / II
34	20Z71R0038	KARTHIK ELLU	III / II
35	20Z71R0039	KEERTHANA THUKEKI	III / II
36	20Z71R0061	PAVAN KUMAR KARIKATI	III / II
37	20Z71R0088	UMAMAHESWARI MADA	III / II
38	20Z71R0089	VENKATA SAI SRESHTA PURINI	III / II
39	20Z71R0091	VENKATESH BATTALAPALLI	III / II
40	20Z71R0092	VISWANADH BADDI	III / II

A.P. Dey
COORDINATOR

Navay
PRINCIPAL





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Date: 20-03-2023

PROGRAM REPORT

Name of the Program : The Life skill Awareness program on “**Cancer Facts & Myths**”

Date of the Program : **18-03-2023**

Details of the Resource Person 1 : Name : Dr G Lakshmi Narayana,
MDS(OFMS) FHNSO (RGUHS)

Designation : Head and Neck Cancer Surgeon

Address : Madras Cancer Care Foundation, Chennai

Email : drnarayana777@gmail.com

Phone : +91 9951850662

Details of the Resource Person 2 : Name : Dr Kapil Raj Subramanian,
MBBS, MS, DRNB

Designation : Surgical Oncologist

Address : Madras Cancer Care Foundation, Chennai

Email : kapilcdm@gmail.com

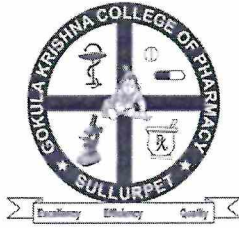
Phone : +91 9951850662

Objective of the Program : At the end of the session students will be able to

- Learn the kinds of environmental agents that cause cancer



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- Learn how to do a breast self – exam
- Understand how cigarette smoke contributes to cancer

Outcome of the Program

: Upon completion of the session students can able to

- Describe how to reduce health inequalities in family and society
- Develop safe and effective methods to prevent, detect, diagnose, treat, and ultimately cure the collections of cancer disease

Number of Participants

: 40

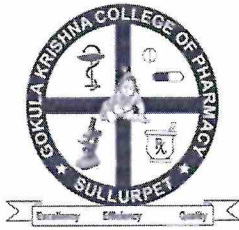
Photographs

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Dr.G.LAKSHMI NARAYANA ADDRESSING THE STAFF AND STUDENTS





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Dr. KAPIL RAJ SUBRAMANIAN ADDRESSING THE STAFF AND STUDENTS

A.R. Raj
COORDINATOR

Pavani

PRINCIPAL

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01-04-2022

CIRCULAR

All the students are hereby informing that The Life skill Awareness program on “**Basic First Aid Training**” which will be held on **12th of April 2022**. Hence, all the students are instructed to attend the session without fail by registering their names with coordinator on or before **13th of April 2022**.

Coordinator: Mrs C.H. Harika, Asst. Professor, Dept of pharmaceutics.

Pawan
PRINCIPAL

Copy to

1. HOD's / All teaching faculty
2. Coordinator - Life Skill
3. Circulation to Students
4. Accounts office for information
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6. Office file



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ch. harika *smi* *Ami*

g.f. Kumar
G
Ami

D. Gayathri
A. Perinale



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website: www.gkcp.edu.in

A.Y: 2021-22

LIST OF ENROLLED STUDENTS

Program Name : The Life skill Awareness program on “Basic First Aid Training”

Date : 12-04-2022

S.No	HT.No	Name of the Student	Year & Sem
1	19Z71R0001	AATHISAMY THAMBIDURAI	III / II
2	19Z71R0002	AKHILA THOPPANI	III / II
3	19Z71R0003	ALISHA SHAIK	III / II
4	19Z71R0004	AYESHA SIDDIQUA SYED	III / II
5	19Z71R0005	BHANU PRAKASH VELAGAMBETI	III / II
6	19Z71R0008	BHUVANESWARI RAYAPU	III / II
7	19Z71R0012	DEEPTHI CHEEKOLU	III / II
8	19Z71R0014	DINESH A	III / II
9	19Z71R0020	GNANAPRASUNA NAGAMALLI	III / II
10	19Z71R0022	GUNASRI YEDURURI	III / II
11	19Z71R0027	JASWANTH VELUGU	III / II
12	19Z71R0028	JAYASHREE SULLURU	III / II
13	19Z71R0038	LOKESH NANDRAMBAKAM	III / II
14	19Z71R0039	MALIHA THABASUM SHAIK	III / II
15	19Z71R0042	MOHAN MOULI MAILAPURI	III / II
16	19Z71R0043	MOHAN KRISHNA PAKALA	III / II
17	19Z71R0057	RESHMA SHAIK	III / II
18	19Z71R0059	SAMANVI AVALA	III / II
19	19Z71R0060	SANDHYA CHEVURU	III / II



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20	19Z71R0066	SHALINI PATTUKOTA	III / II
21	19Z71R0069	SNEHA NALLAREDDY	III / II
22	19Z71R0070	SONIKA KATTLAM	III / II
23	19Z71R0076	SUSMITHA BUDANAMGUNTA	III / II
24	19Z71R0089	YAMUNA GOGULA	III / II
25	20Z71R0010	BALA P	II / I
26	20Z71R0011	BHANU CHANDAR DURTHATI	II / I
27	20Z71R0024	GAYATHRI DINDU	II / I
28	20Z71R0035	JAHNAVI NAGARAM	II / I
29	20Z71R0047	MAHAMMAD SADHIK SHAIK	II / I
30	20Z71R0048	MAHAMMAD SIDDIK SHAIK	II / I
31	20Z71R0058	NOORALI MULLA	II / I
32	20Z71R0060	PARIMALA ARAVA	II / I
33	20Z71R0068	PRUDHVIRAJ B	II / I
34	20Z71R0080	SHALINI MADDALI	II / I
35	20Z71R0083	SOUNDARYA KATARI	II / I
36	20Z71R0084	SRIYA VIJITHA NAGISETTY	II / I
37	20Z71R0085	SUMA AVULA	II / I
38	20Z71R0090	VENKATATHIRUPAL MAVUDURU	II / I
39	20Z71R0091	VENKATESH BATTALAPALLI	II / I
40	20Z71R0092	VISWANADH BADDI	II / I

Ch. harika
COORDINATOR

Pavan
PRINCIPAL



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Date: 13-04-2022

PROGRAM REPORT

Name of the Program : The Life skill Awareness program on “**Basic First Aid Training**”

Date of the Program : 12-04-2022

Details of the Resource Person : Name : Dr. Shaik Saddam Hussain, Pharm.D

Designation : Assistant Professor,

Address : Department of Pharmacy Practice,

Jagans College of Pharmacy, Nellore.

Email : sddm1hssn@gmail.com

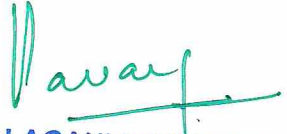
Phone : +91 9966292910

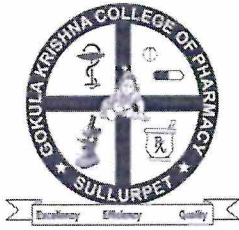
Objective of the Program : At the end of the session students will be able to

- Learn the basic first aid treatment in case of injury or accidents
- Gain skills needed to implement the intervention strategies of Psychological first aid
- Identify and understand the limits of first aid

Outcome of the Program : On completion of the program students could be able to




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- Demonstrate how to provide First aid in a safe and professional manner
- Preserve life by carrying out emergency first aid procedures
- Prevent causality's condition of a any person from deteriorating any further

Number of Participants : 40

Photographs :



Ch. harika
COORDINATOR

Vavay
PRINCIPAL





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27-11-2020

CIRCULAR

To all the B.Pharmacy students are hereby informing that The Life skill Awareness program on **“Meditation and Women’s Health”** which will be held on **07th of December 2020**. Hence, all the students are instructed to attend the session without fail by registering their names with coordinator on or before 4th of December 2020.

Coordinator: Miss Shaik. Zoofi Shaan, Asst. Professor, Dept of pharmacology.

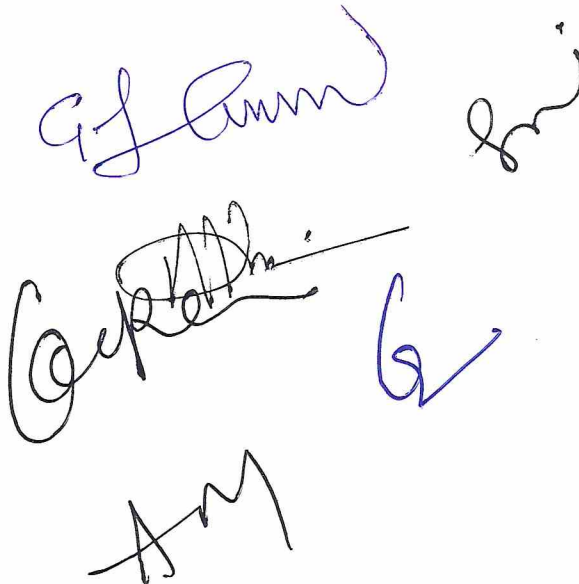

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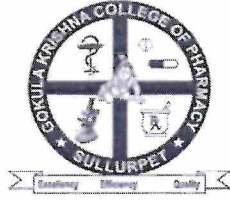
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SK. Zoofishaay.
B. Lakshmideni
R. Likhitha.



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website: www.gkcp.edu.in

A.Y: 2020-21

LIST OF ENROLLED STUDENTS

Program Name : The Life skill Awareness program on “Meditation and Women’s Health”

Date : 07-12-2020

S.No	HT.No	Name of the Student	Year & Sem
1	17Z71R0002	AKSHA P	IV / I
2	17Z71R0013	HARSHITHA POLI	IV / I
3	17Z71R0027	LAKSHMI DEVI BOMMANA	IV / I
4	17Z71R0029	LEELAVATHI CHEEKATI	IV / I
5	17Z71R0030	LEELAVATHI MUDUSU	IV / I
6	17Z71R0031	LIKHITHA RATHNAM	IV / I
7	17Z71R0032	LOKESWARI MUMMADI	IV / I
8	17Z71R0035	MANASA NULETI	IV / I
9	17Z71R0039	NAVYA PUNNEPALLI	IV / I
10	17Z71R0040	NEELIMA TADA	IV / I
11	17Z71R0041	NIRMALA GOLLA	IV / I
12	17Z71R0045	POORNIMA YADDALA	IV / I
13	17Z71R0047	PRIYANKA NIMMATHI	IV / I
14	17Z71R0048	PUSHPA GAJULA	IV / I
15	17Z71R0051	RUCHITHA BANDHILI	IV / I
16	17Z71R0052	SAI SRUTHI VANGIMALLA	IV / I
17	17Z71R0053	SAI SWETHA.V	IV / I



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19	18Z71R0002	ADILAKSHMI CHALAMCHARLA	III / I
20	18Z71R0009	ARUNA PAKANATI	III / I
21	18Z71R0010	ASWINI R	III / I
22	18Z71R0014	BHARGAVI KADAPA	III / I
23	18Z71R0015	BHAVANIMANNELI	III / I
24	18Z71R0033	LAHARI KAMATHAM	III / I
25	18Z71R0041	MEGHANA MEKALA	III / I
26	18Z71R0043	MISBA SHAIK	III / I
27	18Z71R0069	ROSHINI CHEVU	III / I
28	18Z71R0074	SONIA PASALA	III / I
29	18Z71R0089	USHA AVISA	III / I
30	18Z71R0094	VYDEESWARI GOLLAPALEM	III / I
31	17Z71R0046	PRAMEELA JADA	III / I
32	19Z71R0036	LAKSHMI PRIYA YADDALA	II / I
33	19Z71R0046	NEELIMA BANDILI	II / I
34	19Z71R0049	PAVANI CHITTIBOYINA	II / I
35	19Z71R0054	RAJALAKSHMI LOKKU	II / I

SK. Zoofishaay

COORDINATOR

Pavan

PRINCIPAL



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E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

Date: 08-12-2020

PROGRAM REPORT

Name of the Program : The Life skill Awareness program on “**Meditation and Women’s Health**”

Date of the Program : 07-12-2020

Details of the Resource Person : Name : K. Vijayalakshmi
Designation : Preceptor
Address : Heartfulness Institute
Shri Ram Chandra Mission
Email : vlkolli510@gmail.com
Phone : +91 6281246575

Objective of the Program : At the end of the session students will be able to

- Learn the science of meditation
- Identify the goals of mediation
- Learn how to meditate
- Recognize what meditation is and it can be helpful in reducing stress
- Examine the basic techniques such as correct breathing and posture

Outcome of the Program : On completion of the program students could able to

- Describe common types of meditation
- Be more creative
- Improve attention
- Enhance self awareness





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- Feel empowered to meet their goals
- Increase overall well-being

Number of Participants : 35

Photographs :



SK. Zoof'shaay.

COORDINATOR

Pavan

PRINCIPAL



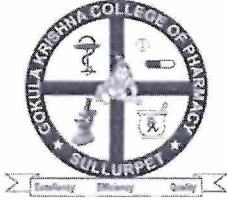
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24-06-2019

CIRCULAR

All the students are hereby informed that the Life Skills Awareness Programme on “Yoga and its Importance” will be held on 4th of July 2019. Hence, all the students are instructed to attend the session without fail by registering their names with the coordinator on or before 1st of July 2019.

Coordinator: Miss P. Kavitha, Asst. Professor, Dept of Pharmaceutics.

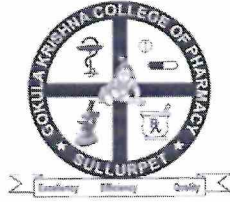
PRINCIPAL

Copy to

1. HOD's / All teaching faculty
2. Coordinator - Life Skill
3. Circulation to Students
4. Accounts office for information
5. Admin office for information
6. Office file

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website: www.gkcp.edu.in

A.Y: 2019-20

LIST OF ENROLLED STUDENTS

Program Name : The Life skill Awareness program on “Yoga and its Importance”

Date : 04-07-2019

S.No	HT.No	Name of the Student	Year & Sem
1	17Z71R0005	ARIKARAN J	III / I
2	17Z71R0006	ASHOK KUMAR PALETI	III / I
3	17Z71R0007	BHAVYALATHA D	III / I
4	17Z71R0011	HARATHI DINDU	III / I
5	17Z71R0013	HARSHITHA POLI	III / I
6	17Z71R0024	JYOTHI SAHANI	III / I
7	17Z71R0025	KAUSIRAM YC	III / I
8	17Z71R0026	KAVERI KATTA	III / I
9	17Z71R0027	LAKSHMI DEVI BOMMANA	III / I
10	17Z71R0028	LEELA MOHAN.PAMANJI	III / I
11	17Z71R0031	LIKHITHA RATHNAM	III / I
12	17Z71R0032	LOKESWARI MUMMADI	III / I
13	17Z71R0033	MAHESH ANNAMETI	III / I
14	17Z71R0034	MAHITHA GONUPALLI	III / I
15	17Z71R0049	RAGHAVULU CHIRRI	III / I
16	17Z71R0051	RUCHITHA BANDHILI	III / I
17	17Z71R0052	SAI SRUTHI VANGIMALLA	III / I
18	17Z71R0053	SAI SWETHA.V	III / I
19	17Z71R0061	SHARMILA A	III / I





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20	17Z71R0062	SHEEMA SHAIK	III / I
21	17Z71R0084	VAMSY KRISHNA VELURU	III / I
22	18Z71R0008	AMULYA KATTIBOYINA	II / I
23	18Z71R0012	BHANU PRAKASH DASARI	II / I
24	18Z71R0013	BHANUPRAKASH PUTTA	II / I
25	18Z71R0018	CHITHIRAISELVAN S	II / I
26	18Z71R0026	JAGAN K	II / I
27	18Z71R0034	LALU PRASAD SANCHI	II / I
28	18Z71R0039	MAMATHA KONDARI	II / I
29	18Z71R0042	MEGHANA VATTURU	II / I
30	18Z71R0049	NAGENDRA KUMAR BELDON	II / I
31	18Z71R0052	NEERAJ VEERAMUSTI	II / I
32	18Z71R0060	POOJA RAVU	II / I
33	18Z71R0066	RENUKA TIRUVEEDHULA	II / I
34	18Z71R0086	SWETHA NELAVALA	II / I


COORDINATOR





PRINCIPAL

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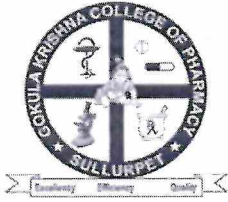
website: www.gkcp.edu.in

Date: 05-07-2019

PROGRAM REPORT

- Name of the Program** : The Life skill Awareness program on “Yoga and its Importance”
- Date of the Program** : 04-07-2019
- Details of the Resource Person** : Name : Mr. M. Chandrahas
Designation : Center coordinator
Address : Heartfulness Institute
(Shri Ram Chandra Mission)
Email : chandrahas243@gmail.com
Phone : +91 9441857243
- Objective of the Program** :
- Students will learn the meaning, purpose and benefits of yoga
 - Students would learn how to prepare for yoga practice
 - Students can practice various yoga poses designed to promote well-being and relaxation
- Outcome of the Program** :
- On completion of the program students could
- Practice yoga regularly and it helps in improvement of their self discipline and self control, leading to immense amount of awareness, concentration and higher level of consciousness.
 - Implement yoga based breathing techniques and meditation
 - To have a good health
 - To practice mental hygiene





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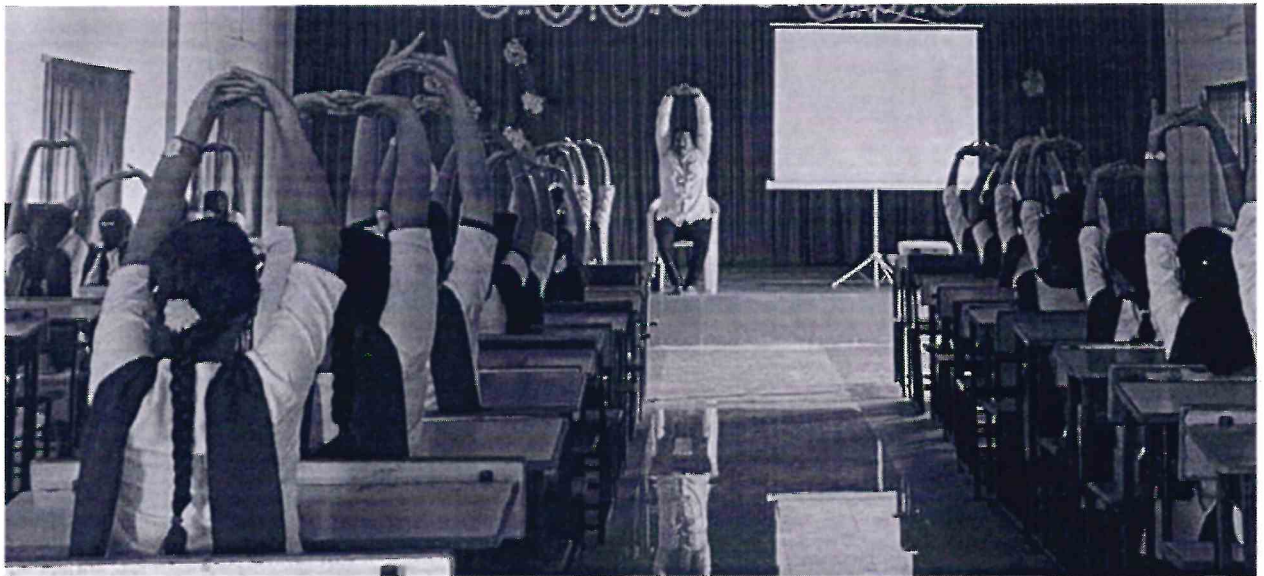
Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

Number of Participants : 34

Photographs :



Debra
COORDINATOR



Pavan

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27-10-2018

CIRCULAR

All the students are hereby informing that The Life skill Awareness program on “**Iron Deficiency in Women: Assessment, Causes and Consequences**” which will be held on **06th of November 2018**. Hence, all the students are instructed to attend the session without fail by registering their names with coordinator on or before 02nd of November 2018.

Coordinator: Miss. C.B. Hanisha, Asst. Professor, Dept of Pharmaceutics.

PRINCIPAL

Copy to

1. HOD's / All teaching faculty
2. Coordinator - Life Skill
3. Circulation to Students
4. Accounts office for information
5. Admin office for information
6. Office file



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W. Harathi
C. Hanisha



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A.Y: 2018-19

LIST OF ENROLLED STUDENTS

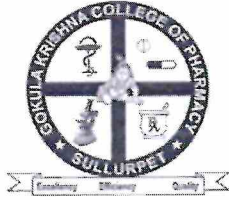
Program Name : The Life skill Awareness program on “Iron Deficiency in Women:
Assessment, Causes and Consequences”

Date : 06-11-2018

S.No	HT.No	Name of the Student	Year
1	16Z71R0001	PAKANATI. ANITHA	IV / I
2	16Z71R0002	KAPU.ANURADHA	IV / I
3	16Z71R0003	AMBAKKAAM.ANUSHA	IV / I
4	16Z71R0004	NELATHATI.ASHA	IV / I
5	16Z71R0010	MANNAM.BHARGAVI	IV / I
6	16Z71R0024	MUPPALA.HARINI	IV / I
7	16Z71R0025	NAGALAPPAGARI.HARITHA	IV / I
8	16Z71R0026	MERUM.HARSHAVARDHINI	IV / I
9	16Z71R0027	MANAVASI.HEMALATHA	IV / I
10	16Z71R0032	BODDUBOENA.KAVYA	IV / I
11	16Z71R0033	DARWAJA.KAVYASRI	IV / I
12	16Z71R0040	EENARATHI. MOUNIKA	IV / I
13	16Z71R0041	PADARTHI.NEELIMA	IV / I
14	16Z71R0050	ELLU.RAMANAMMA	IV / I
15	16Z71R0065	NANDYALA.SUCHARITHA	III / I
16	16Z71R0066	DODDAGA.SUKANYA	III / I



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website: www.gkcp.edu.in

17	16Z71R0072	KARNAMGUNTA.SUSHMITHA	III / I
18	16Z71R0073	RAJABOYANA.SUSHMITHA	III / I
19	16Z71R0074	MODDU.SYAMALA	III / I
20	16Z71R0078	PENUBOLU.VANI	III / I
21	16Z71R0083	YAMINI.M	III / I
22	16Z71R0084	NANNURU.YAMINI	III / I
23	17Z71R0011	HARATHI DINDU	III / I
24	17Z71R0012	HARITHA CHAVVA	III / I
25	17Z71R0014	HEMA K	II / I
26	17Z71R0015	HEMALATHA KARIKATI	II / I
27	17Z71R0016	HEMALATHA ODURU	II / I
28	17Z71R0026	KAVERI KATTA	II / I
29	17Z71R0027	LAKSHMI DEVI BOMMANA	II / I
30	17Z71R0034	MAHITHA GONUPALLI	II / I
31	17Z71R0035	MANASA NULETI	II / I
32	17Z71R0044	PALLAVI YALLAPALLI	II / I

Panis

COORDINATOR



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website: www.gkcp.edu.in

Date: 08-11-2018

PROGRAM REPORT

Name of the Program : The Life skill Awareness program on “Iron Deficiency in Women: Assessment, Causes and Consequences”

Date of the Program : 06-11-2018

Details of the Resource Person : Name : Dr. Shaik Saddam Hussain, Pharm.D
Designation : Assistant Professor
Address : Department of Pharmacy Practice,
Narayana Pharmacy College, Nellore
Email : sddm1hssn@gmail.com
Phone : +91 9966292910

Objective of the Program :

- Program is aimed to enhance the knowledge level about Iron deficiency in women.
- Students will learn about risk factors, and consequences of Iron deficiency.

Outcome of the Program :

- Upon completion of the program students
 - Can able to get adequate knowledge on Iron deficiency women; it may lead to better practices on prevention of iron deficiency.
 - Are capable to create public awareness about Iron deficiency.

Number of Participants : 32




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Photographs

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