

# GOKULA KRISHNA COLLEGE OF PHARMACY

HEI CODE: C-26844

NAAC SSR

CYCLE I



## 5 : STUDENT SUPPORT & PROGRESSION

### 5.1 Student Support

### 5.1.2 Capacity Development & Skills Enhancement Activities Organized during Assessment Period

### 5.1.2.(3) Organized Life Skills Programs during the Assessment Period



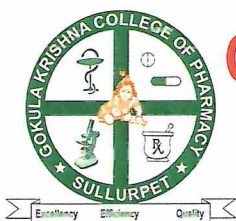
Approved by PCI, New Delhi, Government of AP & Affiliated to JNTUA  
Recognized by UGC U/S 2(f), An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, Andhra Pradesh - 524121

9948990116

[www.gkcp.edu.in](http://www.gkcp.edu.in)

[gkcpsp@rediffmail.com](mailto:gkcpsp@rediffmail.com)



Sri Krishna Educational Society's

# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : +91 9948990116

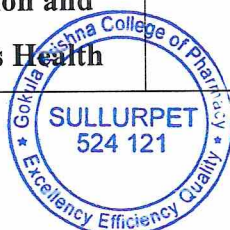
email: gkcpsp@rediffmail.com

Web: www.gkcp.edu.in

## LIFE SKILL PROGRAMS ORGANIZED DURING THE ASSESSMENT PERIOD

(2018-19 to 2022-23)

S.No	Academic Year	Name of the Capacity Development and Skills Enhancement Program	Date	Number of Students Enrolled	Name of the Agencies / Consultant / Resource Person with Contact Details
1	2022-23	The Life skill Awareness program on <b>Cancer Facts &amp; Myths</b>	18-03-2023	40	<u>Resource Person: 1</u> Dr. G. Lakshmi Narayana, Head and Neck Cancer Surgeon, Madras Cancer Care Foundation, Chennai. Contact : 9951850662  <u>Resource person 2:</u> Dr. Kapil Raj Subramanian Surgical Oncologist, Madras Cancer Care Foundation, Chennai. Contact : 9951850662
2	2021-22	The Life skill Awareness program on <b>Basic First Aid Training</b>	12-04-2022	40	Dr. Shaik Saddam Hussain, Pharma D, Asst. Professor, Narayana college of Pharmacy Contact: 9966292910
3	2020-21	The Life skill Awareness program on <b>Meditation and Women's Health</b>	07-12-2020	35	K. Vijayalakshmi Preceptor, Heartfulness Institute Contact: 6281246575



  
**Dr. BALAGANI PAVAN KUMAR**  
M. Pharm, Ph D, FIC, FBSS, FAGE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, TIRUPATI Dt. A.P - 524121

Sri Krishna Educational Society's

# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : +91 9948990116

email: gkcpssp@rediffmail.com

Web: www.gkcp.edu.in



4	2019-20	The Life skill Awareness program on <b>Yoga and its Importance</b>	04-07-2019	34	M. Chandrahas Center coordinator, Heartfulness Institute, Contact: 9441857243
5	2018-19	The Life skill Awareness program on <b>Iron Deficiency in Women: Assessment, Causes and Consequences</b>	06-11-2018	32	Dr. Shaik saddam Hussain, PharmD, Asst. Professor, Narayana college of Pharmacy Contact: 9966292910



*Paway*  
**PRINCIPAL**  
**Dr. BALAGANI PAVAN KUMAR**  
M. Pharm, Ph.D. FIC. FBSS. FAGE. FICCP. MISTE  
**PROFESSOR & PRINCIPAL**  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, TIRUPATI Dt. A.P - 524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

10-03-2023

## CIRCULAR

All the B.Pharmacy students are hereby informing that the Life skill Awareness program on "Cancer Facts & Myths" which will be held on 18<sup>th</sup> of March 2023. Hence, all the students are instructed to attend the session without fail by registering their names with coordinator on or before 15<sup>th</sup> of March 2023.

**Coordinator:** Miss A.R. Sridevi, Assoc. Professor, Dept of Pharmacology.

**PRINCIPAL**

**Dr. BALAGANI PAVAN KUMAR**  
M. Pharm, Ph D, FIC, FBSS, FAGE, FICCP, MISTE  
**PROFESSOR & PRINCIPAL**  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, TIRUPATI Dt. A.P - 524121

### Copy to

1. Coordinator - IQAC
2. HOD's / All teaching faculty
3. Coordinator - Life Skill
4. Circulation to Students
5. Accounts office for information
6. Admin office for information
7. Office file



*[Handwritten signatures in blue ink]*

*P. Divya Ravi*



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

**A.Y: 2022-23**

## **LIST OF ENROLLED STUDENTS**

**Program Name** : The Life skill Awareness program on “Cancer Facts & Myths”

**Date** : 18-03-2023

S.No	HT.No	Name of the Student	Year & Sem
1	19Z71R0004	AYESHA SIDDIQUA SYED	IV / II
2	19Z71R0005	BHANU PRAKASH VELAGAMBETI	IV / II
3	19Z71R0007	BHAVANI.P	IV / II
4	19Z71R0008	BHUVANESWARI RAYAPU	IV / II
5	19Z71R0010	DAKSHAYANI NAGALAPURAM	IV / II
6	19Z71R0019	GAYATHRI KALISSETTY	IV / II
7	19Z71R0020	GNANAPRASUNA NAGAMALLI	IV / II
8	19Z71R0022	GUNASRI YEDURURI	IV / II
9	19Z71R0031	KARISHMA PASALA	IV / II
10	19Z71R0033	KEERTHI UYYALA	IV / II
11	19Z71R0034	KOTAMMA EGA	IV / II
12	19Z71R0039	MALIHA THABASUM SHAIK	IV / II
13	19Z71R0041	MEERJAMMA PATAN	IV / II
14	19Z71R0042	MOHAN MOULI MAILAPURI	IV / II
15	19Z71R0043	MOHAN KRISHNA PAKALA	IV / II
16	19Z71R0045	MUNIPRATHAP GUNAPATI	IV / II
17	19Z71R0046	NEELIMA BANDILI	IV / II
18	19Z71R0047	PAVAN KUMAR CHENNAPPAGARI	IV / II





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

19	19Z71R0048	PAVAN MUMMADI	IV / II
20	19Z71R0049	PAVANI CHITTIBOYINA	IV / II
21	19Z71R0050	PAVANI KOPPALA	IV / II
22	19Z71R0055	RAJESH KANCHI	IV / II
23	19Z71R0057	RESHMA SHAIK	IV / II
24	19Z71R0059	SAMANVI AVALA	IV / II
25	19Z71R0060	SANDHYA CHEVURU	IV / II
26	19Z71R0061	SANJAY R	IV / II
27	19Z71R0062	SARASWATHI KALLIVETTU	IV / II
28	19Z71R0064	SATHWIKA PERNATI	IV / II
29	19Z71R0065	SEKHAR KOGILI	IV / II
30	19Z71R0066	SHALINI PATTUKOTA	IV / II
31	20Z71R0032	HEMASRI MARUBOINA	III / II
32	20Z71R0033	HEMAVATHY R	III / II
33	20Z71R0035	JAHNAVI NAGARAM	III / II
34	20Z71R0038	KARTHIK ELLU	III / II
35	20Z71R0039	KEERTHANA THUKEKI	III / II
36	20Z71R0061	PAVAN KUMAR KARIKATI	III / II
37	20Z71R0088	UMAMAHESWARI MADA	III / II
38	20Z71R0089	VENKATA SAI SRESHTA PURINI	III / II
39	20Z71R0091	VENKATESH BATTALAPALLI	III / II
40	20Z71R0092	VISWANADH BADDI	III / II

*A.P. Dey*  
COORDINATOR

*Navay*  
PRINCIPAL





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

**Date: 20-03-2023**

## **PROGRAM REPORT**

**Name of the Program** : The Life skill Awareness program on “**Cancer Facts & Myths**”

**Date of the Program** : **18-03-2023**

**Details of the Resource Person 1** : Name : Dr G Lakshmi Narayana,  
MDS(OFMS) FHNSO (RGUHS)

Designation : Head and Neck Cancer Surgeon

Address : Madras Cancer Care Foundation, Chennai

Email : drnarayana777@gmail.com

Phone : +91 9951850662

**Details of the Resource Person 2** : Name : Dr Kapil Raj Subramanian,  
MBBS, MS, DRNB

Designation : Surgical Oncologist

Address : Madras Cancer Care Foundation, Chennai

Email : kapilcdm@gmail.com

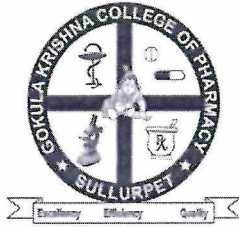
Phone : +91 9951850662

**Objective of the Program** : At the end of the session students will be able to

- Learn the kinds of environmental agents that cause cancer



**Dr. BALAGANI PAVAN KUMAR**  
M. Pharm, Ph.D, FIC, FBSS, FAGE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, TIRUPATI Dt. A.P - 524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA  
An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

- Learn how to do a breast self – exam
- Understand how cigarette smoke contributes to cancer

## Outcome of the Program

: Upon completion of the session students can able to

- Describe how to reduce health inequalities in family and society
- Develop safe and effective methods to prevent, detect, diagnose, treat, and ultimately cure the collections of cancer disease

## Number of Participants

: 40

## Photographs

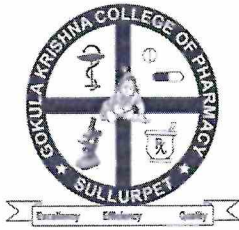
:



**Dr.G.LAKSHMI NARAYANA ADDRESSING THE STAFF AND STUDENTS**







# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in



**Dr. KAPIL RAJ SUBRAMANIAN ADDRESSING THE STAFF AND STUDENTS**

*A.R. Raj*  
COORDINATOR

*Pavan*

PRINCIPAL

**Dr. BALAGANI PAVAN KUMAR**  
M. Pharm, Ph.D, FIC, FBSS, FAGE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, TIRUPATI Dt. A.P - 524121





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

01-04-2022

## CIRCULAR

All the students are hereby informing that The Life skill Awareness program on “**Basic First Aid Training**” which will be held on **12<sup>th</sup> of April 2022**. Hence, all the students are instructed to attend the session without fail by registering their names with coordinator on or before **13<sup>th</sup> of April 2022**.

**Coordinator:** Mrs C.H. Harika, Asst. Professor, Dept of pharmaceutics.

*Pavan*  
PRINCIPAL

### Copy to

1. HOD's / All teaching faculty
2. Coordinator - Life Skill
3. Circulation to Students
4. Accounts office for information
5. Admin office for information
6. Office file



**Dr. BALAGANI PAVAN KUMAR**  
M. Pharm, Ph.D, FIC, FBSS, FAGE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, TIRUPATI Dt. A.P - 524121

*ch. harika* *smi* *Dr. Pavan*

*g.f. Kumar*  
*G*  
*Dr. Gayathri*  
*A. Parimala*

*D. Gayathri*  
*A. Parimala*



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

A.Y: 2021-22

## LIST OF ENROLLED STUDENTS

**Program Name** : The Life skill Awareness program on “Basic First Aid Training”

**Date** : 12-04-2022

S.No	HT.No	Name of the Student	Year & Sem
1	19Z71R0001	AATHISAMY THAMBIDURAI	III / II
2	19Z71R0002	AKHILA THOPPANI	III / II
3	19Z71R0003	ALISHA SHAIK	III / II
4	19Z71R0004	AYESHA SIDDIQUA SYED	III / II
5	19Z71R0005	BHANU PRAKASH VELAGAMBETI	III / II
6	19Z71R0008	BHUVANESWARI RAYAPU	III / II
7	19Z71R0012	DEEPTHI CHEEKOLU	III / II
8	19Z71R0014	DINESH A	III / II
9	19Z71R0020	GNANAPRASUNA NAGAMALLI	III / II
10	19Z71R0022	GUNASRI YEDURURI	III / II
11	19Z71R0027	JASWANTH VELUGU	III / II
12	19Z71R0028	JAYASHREE SULLURU	III / II
13	19Z71R0038	LOKESH NANDRAMBAKAM	III / II
14	19Z71R0039	MALIHA THABASUM SHAIK	III / II
15	19Z71R0042	MOHAN MOULI MAILAPURI	III / II
16	19Z71R0043	MOHAN KRISHNA PAKALA	III / II
17	19Z71R0057	RESHMA SHAIK	III / II
18	19Z71R0059	SAMANVI AVALA	III / II
19	19Z71R0060	SANDHYA CHEVURU	III / II





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

20	19Z71R0066	SHALINI PATTUKOTA	III / II
21	19Z71R0069	SNEHA NALLAREDDY	III / II
22	19Z71R0070	SONIKA KATTLAM	III / II
23	19Z71R0076	SUSMITHA BUDANAMGUNTA	III / II
24	19Z71R0089	YAMUNA GOGULA	III / II
25	20Z71R0010	BALA P	II / I
26	20Z71R0011	BHANU CHANDAR DURTHATI	II / I
27	20Z71R0024	GAYATHRI DINDU	II / I
28	20Z71R0035	JAHNAVI NAGARAM	II / I
29	20Z71R0047	MAHAMMAD SADHIK SHAIK	II / I
30	20Z71R0048	MAHAMMAD SIDDIK SHAIK	II / I
31	20Z71R0058	NOORALI MULLA	II / I
32	20Z71R0060	PARIMALA ARAVA	II / I
33	20Z71R0068	PRUDHVIRAJ B	II / I
34	20Z71R0080	SHALINI MADDALI	II / I
35	20Z71R0083	SOUNDARYA KATARI	II / I
36	20Z71R0084	SRIYA VIJITHA NAGISETTY	II / I
37	20Z71R0085	SUMA AVULA	II / I
38	20Z71R0090	VENKATATHIRUPAL MAVUDURU	II / I
39	20Z71R0091	VENKATESH BATTALAPALLI	II / I
40	20Z71R0092	VISWANADH BADDI	II / I

*Ch. harika*  
COORDINATOR

*Pavan*  
PRINCIPAL





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524 121

Mobile : 9948990116

E-Mail : gkcpssp@rediffmail.com

website: www.gkcp.edu.in

**Date: 13-04-2022**

## **PROGRAM REPORT**

**Name of the Program** : The Life skill Awareness program on “**Basic First Aid Training**”

**Date of the Program** : 12-04-2022

**Details of the Resource Person** : Name : Dr. Shaik Saddam Hussain, Pharm.D

Designation : Assistant Professor,

Address : Department of Pharmacy Practice,

Jagans College of Pharmacy, Nellore.

Email : sddm1hssn@gmail.com

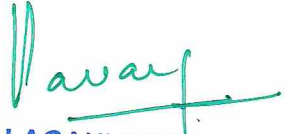
Phone : +91 9966292910

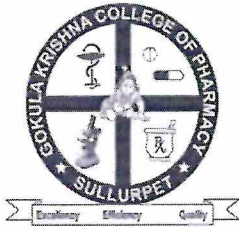
**Objective of the Program** : At the end of the session students will be able to

- Learn the basic first aid treatment in case of injury or accidents
- Gain skills needed to implement the intervention strategies of Psychological first aid
- Identify and understand the limits of first aid

**Outcome of the Program** : On completion of the program students could be able to



  
**Dr. BALAGANI PAVAN KUMAR**  
M. Pharm, Ph.D, FIC, FBSS, FAGE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, TIRUPATI Dt. A.P - 524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by PCI-New Delhi, Government of AP & Affiliated to JNTUA

An ISO 9001:2015 Certified Institution

Behind RTC Depot, Sullurupeta, Tirupati Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

- Demonstrate how to provide First aid in a safe and professional manner
- Preserve life by carrying out emergency first aid procedures
- Prevent causality's condition of a any person from deteriorating any further

Number of Participants : 40

Photographs :



*Ch. harika*  
COORDINATOR

*Vavay*  
PRINCIPAL





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

27-11-2020

## CIRCULAR

To all the B.Pharmacy students are hereby informing that The Life skill Awareness program on **“Meditation and Women’s Health”** which will be held on **07<sup>th</sup> of December 2020**. Hence, all the students are instructed to attend the session without fail by registering their names with coordinator on or before 4<sup>th</sup> of December 2020.

**Coordinator:** Miss Shaik. Zoofi Shaan, Asst. Professor, Dept of pharmacology.

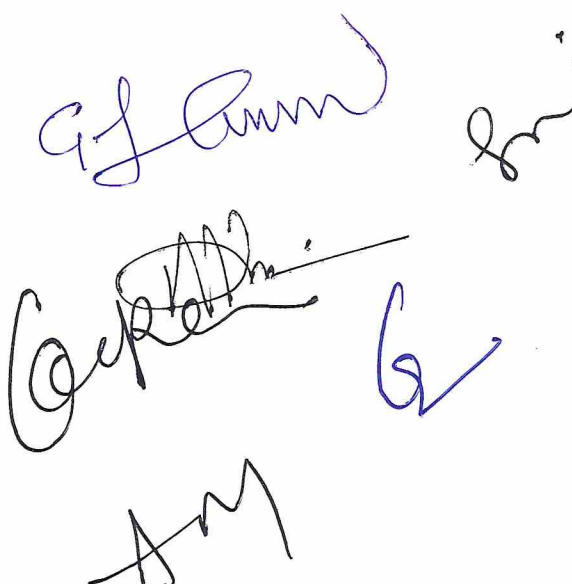
  
**PRINCIPAL**

### Copy to

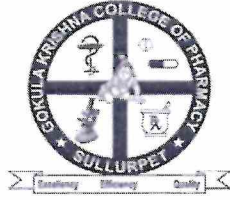
1. HOD's / All teaching faculty
2. Coordinator - Life Skill
3. Circulation to Students
4. Accounts office for information
5. Admin office for information
6. Office file

**Dr. BALAGANI PAVAN KUMAR**  
M.Pharm, Ph.D. FIC, FBSS, FACE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, SPSR NELLORE DT., A.P-524121





SK. Zoofishaan.  
B. Lakshmideni  
R. Likhitha.



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

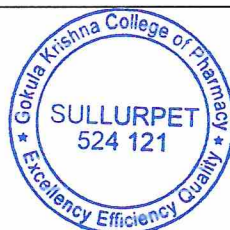
**A.Y: 2020-21**

## **LIST OF ENROLLED STUDENTS**

**Program Name** : The Life skill Awareness program on “Meditation and Women’s Health”

**Date** : 07-12-2020

S.No	HT.No	Name of the Student	Year & Sem
1	17Z71R0002	AKSHA P	IV / I
2	17Z71R0013	HARSHITHA POLI	IV / I
3	17Z71R0027	LAKSHMI DEVI BOMMANA	IV / I
4	17Z71R0029	LEELAVATHI CHEEKATI	IV / I
5	17Z71R0030	LEELAVATHI MUDUSU	IV / I
6	17Z71R0031	LIKHITHA RATHNAM	IV / I
7	17Z71R0032	LOKESWARI MUMMADI	IV / I
8	17Z71R0035	MANASA NULETI	IV / I
9	17Z71R0039	NAVYA PUNNEPALLI	IV / I
10	17Z71R0040	NEELIMA TADA	IV / I
11	17Z71R0041	NIRMALA GOLLA	IV / I
12	17Z71R0045	POORNIMA YADDALA	IV / I
13	17Z71R0047	PRIYANKA NIMMATHI	IV / I
14	17Z71R0048	PUSHPA GAJULA	IV / I
15	17Z71R0051	RUCHITHA BANDHILI	IV / I
16	17Z71R0052	SAI SRUTHI VANGIMALLA	IV / I
17	17Z71R0053	SAI SWETHA.V	IV / I



**Dr. BALAGANI PAVAN KUMAR**

M.Pharm, Ph.D. FIC, FBSS, FACE, FICCP, MISTE  
PROFESSOR & PRINCIPAL

GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, SPSR NELLORE DT., A.P-524121





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

18	17Z71R0071	SRIVIDYA KUMPATI	IV / I
19	18Z71R0002	ADILAKSHMI CHALAMCHARLA	III / I
20	18Z71R0009	ARUNA PAKANATI	III / I
21	18Z71R0010	ASWINI R	III / I
22	18Z71R0014	BHARGAVI KADAPA	III / I
23	18Z71R0015	BHAVANIMANNELI	III / I
24	18Z71R0033	LAHARI KAMATHAM	III / I
25	18Z71R0041	MEGHANA MEKALA	III / I
26	18Z71R0043	MISBA SHAIK	III / I
27	18Z71R0069	ROSHINI CHEVU	III / I
28	18Z71R0074	SONIA PASALA	III / I
29	18Z71R0089	USHA AVISA	III / I
30	18Z71R0094	VYDEESWARI GOLLAPALEM	III / I
31	17Z71R0046	PRAMEELA JADA	III / I
32	19Z71R0036	LAKSHMI PRIYA YADDALA	II / I
33	19Z71R0046	NEELIMA BANDILI	II / I
34	19Z71R0049	PAVANI CHITTIBOYINA	II / I
35	19Z71R0054	RAJALAKSHMI LOKKU	II / I

*SK. Zoofishaay*

**COORDINATOR**

*Pavan*

**PRINCIPAL**



**Dr. BALAGANI PAVAN KUMAR**

M.Pharm, Ph.D, FIC, FBSS, FACE, FICOP, MISTE  
PROFESSOR & PRINCIPAL

GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, SPSR NELLORE DT., A.P-524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

**Date: 08-12-2020**

## **PROGRAM REPORT**

**Name of the Program** : The Life skill Awareness program on “**Meditation and Women’s Health**”

**Date of the Program** : 07-12-2020

**Details of the Resource Person** : Name : K. Vijayalakshmi  
Designation : Preceptor  
Address : Heartfulness Institute  
Shri Ram Chandra Mission  
Email : vlkolli510@gmail.com  
Phone : +91 6281246575

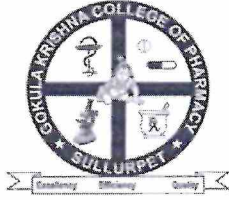
**Objective of the Program** : At the end of the session students will be able to

- Learn the science of meditation
- Identify the goals of mediation
- Learn how to meditate
- Recognize what meditation is and it can be helpful in reducing stress
- Examine the basic techniques such as correct breathing and posture

**Outcome of the Program** : On completion of the program students could able to

- Describe common types of meditation
- Be more creative
- Improve attention
- Enhance self awareness





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

- Feel empowered to meet their goals
- Increase overall well-being

Number of Participants : 35

Photographs :



*SK. Zoof'shaay.*

COORDINATOR

*Pavan*

PRINCIPAL



**Dr. BALAGANI PAVAN KUMAR**

M.Pharm, Ph.D, FIC, FBSS, FACE, FICCP, MISTE

PROFESSOR & PRINCIPAL

GOKULA KRISHNA COLLEGE OF PHARMACY

SULLURPET, SPSR NELLORE DT., A.P-524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

24-06-2019

## CIRCULAR

All the students are hereby informed that the Life Skills Awareness Programme on “Yoga and its Importance” will be held on 4<sup>th</sup> of July 2019. Hence, all the students are instructed to attend the session without fail by registering their names with the coordinator on or before 1<sup>st</sup> of July 2019.

**Coordinator:** Miss P. Kavitha, Asst. Professor, Dept of Pharmaceutics.

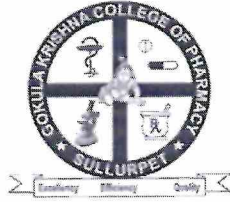
**PRINCIPAL**

### Copy to

1. HOD's / All teaching faculty
2. Coordinator - Life Skill
3. Circulation to Students
4. Accounts office for information
5. Admin office for information
6. Office file

**Dr. BALAGANI PAVAN KUMAR**  
M.Pharm, Ph D, FIC, FBSS, FACE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, SPSR NELLORE DT, A.P-524121





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

**A.Y: 2019-20**

## **LIST OF ENROLLED STUDENTS**

**Program Name** : The Life skill Awareness program on “Yoga and its Importance”

**Date** : 04-07-2019

S.No	HT.No	Name of the Student	Year & Sem
1	17Z71R0005	ARIKARAN J	III / I
2	17Z71R0006	ASHOK KUMAR PALETI	III / I
3	17Z71R0007	BHAVYALATHA D	III / I
4	17Z71R0011	HARATHI DINDU	III / I
5	17Z71R0013	HARSHITHA POLI	III / I
6	17Z71R0024	JYOTHI SAHANI	III / I
7	17Z71R0025	KAUSIRAM YC	III / I
8	17Z71R0026	KAVERI KATTA	III / I
9	17Z71R0027	LAKSHMI DEVI BOMMANA	III / I
10	17Z71R0028	LEELA MOHAN.PAMANJI	III / I
11	17Z71R0031	LIKHITHA RATHNAM	III / I
12	17Z71R0032	LOKESWARI MUMMADI	III / I
13	17Z71R0033	MAHESH ANNAMETI	III / I
14	17Z71R0034	MAHITHA GONUPALLI	III / I
15	17Z71R0049	RAGHAVULU CHIRRI	III / I
16	17Z71R0051	RUCHITHA BANDHILI	III / I
17	17Z71R0052	SAI SRUTHI VANGIMALLA	III / I
18	17Z71R0053	SAI SWETHA.V	III / I
19	17Z71R0061	SHARMILA A	III / I





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

20	17Z71R0062	SHEEMA SHAIK	III / I
21	17Z71R0084	VAMSY KRISHNA VELURU	III / I
22	18Z71R0008	AMULYA KATTIBOYINA	II / I
23	18Z71R0012	BHANU PRAKASH DASARI	II / I
24	18Z71R0013	BHANUPRAKASH PUTTA	II / I
25	18Z71R0018	CHITHIRAISELVAN S	II / I
26	18Z71R0026	JAGAN K	II / I
27	18Z71R0034	LALU PRASAD SANCHI	II / I
28	18Z71R0039	MAMATHA KONDARI	II / I
29	18Z71R0042	MEGHANA VATTURU	II / I
30	18Z71R0049	NAGENDRA KUMAR BELDON	II / I
31	18Z71R0052	NEERAJ VEERAMUSTI	II / I
32	18Z71R0060	POOJA RAVU	II / I
33	18Z71R0066	RENUKA TIRUVEEDHULA	II / I
34	18Z71R0086	SWETHA NELAVALA	II / I

  
COORDINATOR





PRINCIPAL

**Dr. BALAGANI PAVAN KUMAR**

M.Pharm, Ph.D. FIC, FBSS, FACE, FICCP, MISTE

PROFESSOR & PRINCIPAL

GOKULA KRISHNA COLLEGE OF PHARMACY

SULLURPET, SPSR NELLORE DT., A.P-524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

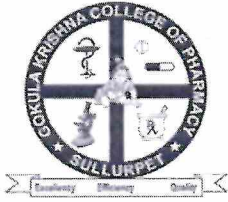
website: www.gkcp.edu.in

**Date: 05-07-2019**

## **PROGRAM REPORT**

- Name of the Program** : The Life skill Awareness program on “Yoga and its Importance”
- Date of the Program** : 04-07-2019
- Details of the Resource Person** : Name : Mr. M. Chandrahas  
Designation : Center coordinator  
Address : Heartfulness Institute  
(Shri Ram Chandra Mission)  
Email : chandrahas243@gmail.com  
Phone : +91 9441857243
- Objective of the Program** :
- Students will learn the meaning, purpose and benefits of yoga
  - Students would learn how to prepare for yoga practice
  - Students can practice various yoga poses designed to promote well-being and relaxation
- Outcome of the Program** :
- On completion of the program students could
- Practice yoga regularly and it helps in improvement of their self discipline and self control, leading to immense amount of awareness, concentration and higher level of consciousness.
  - Implement yoga based breathing techniques and meditation
    - To have a good health
    - To practice mental hygiene





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

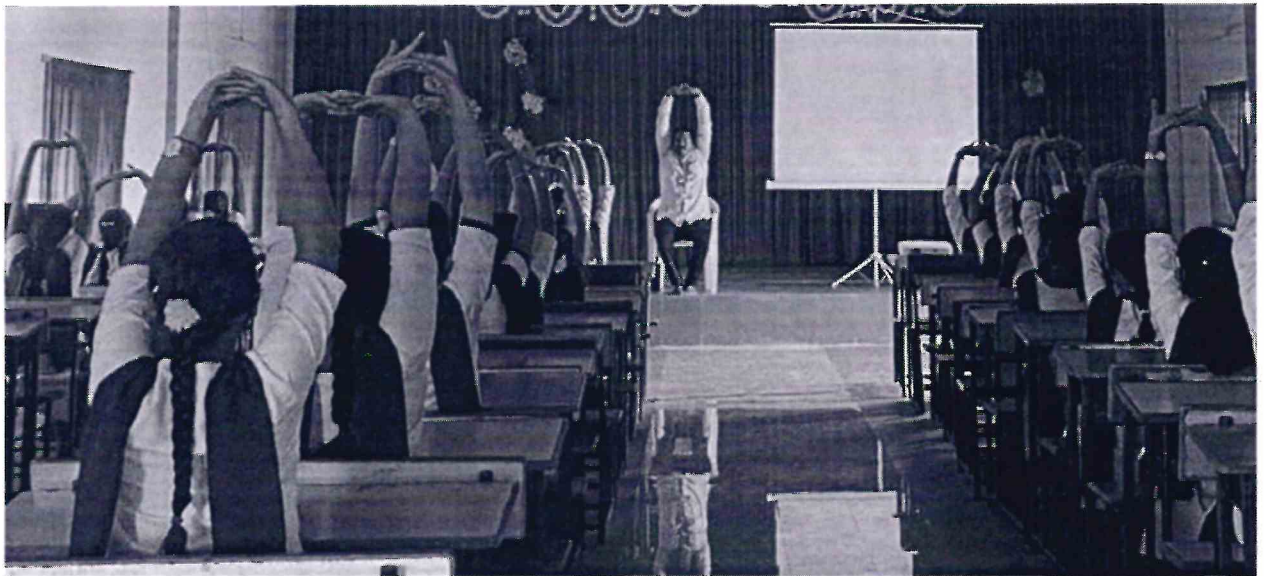
Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

Number of Participants : 34

Photographs :



*Debra*  
COORDINATOR



*Maway*

PRINCIPAL

**Dr. BALAGANI PAVAN KUMAR**

M.Pharm, Ph.D. FIC, FBSS, FACE, FICCP, MISTE

PROFESSOR & PRINCIPAL

GOKULA KRISHNA COLLEGE OF PHARMACY

SULLURPET, SPSR NELLORE DT., A.P-524121





# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

27-10-2018

## CIRCULAR

All the students are hereby informing that The Life skill Awareness program on “**Iron Deficiency in Women: Assessment, Causes and Consequences**” which will be held on **06<sup>th</sup> of November 2018**. Hence, all the students are instructed to attend the session without fail by registering their names with coordinator on or before 02<sup>nd</sup> of November 2018.

**Coordinator:** Miss. C.B. Hanisha, Asst. Professor, Dept of Pharmaceutics.

PRINCIPAL

### Copy to

1. HOD's / All teaching faculty
2. Coordinator - Life Skill
3. Circulation to Students
4. Accounts office for information
5. Admin office for information
6. Office file



**Dr. BALAGANI PAVAN KUMAR**

M.Pharm, Ph.D. FIC, FBSS, FACE, FICCP, MISTE  
PROFESSOR & PRINCIPAL

GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, SPSR NELLORE DT., A.P-524121

W. Harathi  
C. Hanisha



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

**A.Y: 2018-19**

## **LIST OF ENROLLED STUDENTS**

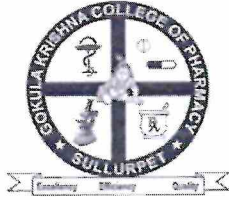
**Program Name** : The Life skill Awareness program on “Iron Deficiency in Women:  
Assessment, Causes and Consequences”

**Date** : 06-11-2018

S.No	HT.No	Name of the Student	Year
1	16Z71R0001	PAKANATI. ANITHA	IV / I
2	16Z71R0002	KAPU.ANURADHA	IV / I
3	16Z71R0003	AMBAKKAAM.ANUSHA	IV / I
4	16Z71R0004	NELATHATI.ASHA	IV / I
5	16Z71R0010	MANNAM.BHARGAVI	IV / I
6	16Z71R0024	MUPPALA.HARINI	IV / I
7	16Z71R0025	NAGALAPPAGARI.HARITHA	IV / I
8	16Z71R0026	MERUM.HARSHAVARDHINI	IV / I
9	16Z71R0027	MANAVASI.HEMALATHA	IV / I
10	16Z71R0032	BODDUBOENA.KAVYA	IV / I
11	16Z71R0033	DARWAJA.KAVYASRI	IV / I
12	16Z71R0040	EENARATHI. MOUNIKA	IV / I
13	16Z71R0041	PADARTHI.NEELIMA	IV / I
14	16Z71R0050	ELLU.RAMANAMMA	IV / I
15	16Z71R0065	NANDYALA.SUCHARITHA	III / I
16	16Z71R0066	DODDAGA.SUKANYA	III / I



*Navay*  
**Dr. BALAGANI PAVAN KUMAR**  
M.Pharm, Ph.D. FIC, FBSS, FACE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, SPSR NELLORE DT., A.P-524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

17	16Z71R0072	KARNAMGUNTA.SUSHMITHA	III / I
18	16Z71R0073	RAJABOYANA.SUSHMITHA	III / I
19	16Z71R0074	MODDU.SYAMALA	III / I
20	16Z71R0078	PENUBOLU.VANI	III / I
21	16Z71R0083	YAMINI.M	III / I
22	16Z71R0084	NANNURU.YAMINI	III / I
23	17Z71R0011	HARATHI DINDU	III / I
24	17Z71R0012	HARITHA CHAVVA	III / I
25	17Z71R0014	HEMA K	II / I
26	17Z71R0015	HEMALATHA KARIKATI	II / I
27	17Z71R0016	HEMALATHA ODURU	II / I
28	17Z71R0026	KAVERI KATTA	II / I
29	17Z71R0027	LAKSHMI DEVI BOMMANA	II / I
30	17Z71R0034	MAHITHA GONUPALLI	II / I
31	17Z71R0035	MANASA NULETI	II / I
32	17Z71R0044	PALLAVI YALLAPALLI	II / I

*Panis*

COORDINATOR



*Pavan*

PRINCIPAL

**Dr. BALAGANI PAVAN KUMAR**

M.Pharm, Ph.D. FIC, FBSS, FACE, FICCP, MISTE  
PROFESSOR & PRINCIPAL

GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, SPSR NELLORE DT., A.P-524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcp@rediffmail.com

website: www.gkcp.edu.in

**Date: 08-11-2018**

## **PROGRAM REPORT**

**Name of the Program** : The Life skill Awareness program on “Iron Deficiency in Women: Assessment, Causes and Consequences”

**Date of the Program** : 06-11-2018

**Details of the Resource Person** : Name : Dr. Shaik Saddam Hussain, Pharm.D  
Designation : Assistant Professor  
Address : Department of Pharmacy Practice,  
Narayana Pharmacy College, Nellore  
Email : sddm1hssn@gmail.com  
Phone : +91 9966292910

**Objective of the Program** :

- Program is aimed to enhance the knowledge level about Iron deficiency in women.
- Students will learn about risk factors, and consequences of Iron deficiency.

**Outcome of the Program** :

- Upon completion of the program students
  - Can able to get adequate knowledge on Iron deficiency women; it may lead to better practices on prevention of iron deficiency.
  - Are capable to create public awareness about Iron deficiency.

**Number of Participants** : 32



  
**Dr. BALAGANI PAVAN KUMAR**  
M.Pharm, Ph.D, FIC, FBSS, FACE, FICCP, MISTE  
PROFESSOR & PRINCIPAL  
GOKULA KRISHNA COLLEGE OF PHARMACY  
SULLURPET, SPSR NELLORE DT., A.P-524121



# GOKULA KRISHNA COLLEGE OF PHARMACY

Approved by AICTE & PCI - New Delhi, Government of AP & Affiliated to JNTUA

Behind RTC Depot, Sullurupeta, SPSR Nellore Dist, A.P, INDIA - 524121

Mobile : 9948990116

E-Mail : gkcpsp@rediffmail.com

website: www.gkcp.edu.in

## Photographs

:



*Panish*

COORDINATOR



*Pavan*

PRINCIPAL

**Dr. BALAGANI PAVAN KUMAR**

M.Pharm, Ph D, FIC, FBSS, FACE, FICCP, MISTE

PROFESSOR & PRINCIPAL

GOKULA KRISHNA COLLEGE OF PHARMACY

SULLURPET, SPSR NELLORE DT., A.P-524121